

Medical Surveillance Program

Medical surveillance is the systematic health risk assessment of employees exposed or potentially exposed to occupational hazards. This assessment monitors individuals for adverse health effects and determines the effectiveness of exposure prevention strategies. A medical surveillance program includes the analysis of both individual and aggregate surveillance data over time, with the goal of reducing and ultimately preventing occupational illnesses and injuries.

Federal Occupational Health (FOH) offers a complete spectrum of medical surveillance services that can be customized to meet the unique needs of your agency and help keep you in compliance with federal regulations. FOH's multidisciplinary team of occupational health physicians, nurses, industrial hygienists, safety and other health professionals can:

Evaluate Exposure Risk

FOH's medical surveillance specialists will assess the risk and nature of employee exposures, looking at job tasks, hazard inventories, environmental data, occupational histories, and the use of personal protective equipment.

Select Personnel for Surveillance

FOH's experts will work with your agency to develop the appropriate and specific criteria to be used to select personnel for program participation as well as the criteria to determine when it is appropriate for an individual to quit the program.

Select Screening Tests and Examination Components

FOH will help agencies save money by identifying only those tests that are appropriate for the identified exposure risks and by recommending the most appropriate frequency for those tests based on federal regulations and state-of-the-art occupational health guidelines.

Perform Tests and Examinations

FOH's medical staff will perform baseline, pre-placement, periodic and exit physical exams at FOH Health Centers located in Federal Buildings throughout the country. If it is more convenient, the physical exams can be performed by one of FOH's affiliated private providers located across the country. FOH will work with your agency to ensure convenient and economical access to all appropriate services.

Interpret Results and Trends

FOH's medical team will interpret findings for individual employees as well as look for patterns or trends among groups of employees. Using a variety of sophisticated health information management systems, FOH can meet both your agency's local and national information needs. Standard or specialized reports and analyses can be prepared to help you track such things as exposures, services, findings, problems, progress, and employee and program readiness.

Inform Employees and Managers of Results and Recommendations

FOH will provide comprehensive, customized summaries of findings, clearances, and recommendations to both employees and designated managers. These reports will be prepared and provided in a way that protects employee confidentiality while, at the same time, meeting your agency's specific reporting requirements.

Maintain Occupational Health Records

All medical records maintained for customer agencies by FOH are kept secure and strictly confidential in accordance with the Privacy Act and applicable Office of Personnel Management (OPM), Occupational Safety and Health Administration (OSHA) and agency regulations.

Provide Training and Consultation

FOH can provide individual or group training on occupational health topics such as lead or asbestos exposure, bloodborne pathogens, and hearing conservation, and can develop agency-specific training materials. On-site or telephone consultation with an occupational medical specialist is available at any time.

For over half a century, FOH has delivered high quality occupational health services to Federal managers. FOH's knowledge of the Federal workplace, combined with strategic partnerships with professional health, environmental and safety organizations, enables FOH to help other Federal organizations maintain a safe and healthy workplace. FOH has created a team of professionals that is unparalleled in its ability to work within the Federal structure, yet remains as flexible and innovative as any private sector provider.

Through convenient interagency agreements, FOH's Clinical Services, Wellness/Fitness Programs, Environmental Health Services, and Employee Assistance, and Work/Life Programs can provide your agency with a comprehensive occupational health program that saves you time and money. Our ability to customize services enables you to integrate components of our services with existing programs, enhancing their impact and ensuring that your agency meets its obligation to provide a safe and healthy workplace.

Make Federal Occupational Health your partner in building a healthier, more productive work force. For more information, please visit us at www.foh.dhhs.gov or call us today at **1-800-457-9808**.

Because you need a healthy work force. And we can help you build one.

healthy bodies ❖ *sound minds* ❖ *a safe place to work*