

Federal Occupational Health

A Name You Can Trust

Federal Occupational Health (FOH) is a service unit within the Department of Health and Human Services' Program Support Center. Its mission is to work in partnership with its customers to deliver comprehensive occupational health solutions that improve the health, safety, and productivity of the Federal and military workforce.

FOH was created in 1946 by an amendment to the Public Health Service Act. In 1984, FOH became fully reimbursable, operating free of congressional appropriations. FOH reorganized in 1995 from a regional structure to a centralized organization to more effectively and efficiently meet the needs of its customer agencies. The following year, FOH became one of only six government-wide franchises under the Government Management and Reform Act of 1994. This select designation means that both the Office of Management and Budget and the Chief Financial Officers Council have given their "Seal of Approval" to FOH's fiscally sound management, quality standards, and focus on customer satisfaction.

FOH is the largest provider of Clinical, Wellness/Fitness, Employee Assistance Program (EAP), Work/Life, and Environmental Health and Safety services to the Federal Government. FOH has over fifty-five years of experience providing these services exclusively to Federal agencies. Currently, FOH provides occupational health services to more than 360 Federal Government departments and agencies, reaching 2.9 million Federal employees. FOH provides these services in cities and towns all across the country including some of the most remote corners of the United States. In addition, the organization's EAP and Work/Life Services are available to Federal employees and their families stationed in more than 100 countries overseas. The support and services FOH provides enable agencies to promote health, wellness, and safe work environments for their employees as well as maintain compliance with OSHA and other Federally-mandated standards.

FOH ensures its programs and services meet the highest standards by implementing an ongoing quality improvement program that includes frequent and routine quality assurance checks and reviews. FOH also ensures that, in accordance with applicable laws, client confidentiality and record security are strictly maintained to protect both the employee and the employer.

Clinical services, including emergency response, physical exams, immunizations, vision and health screenings, and health risk appraisals are provided through FOH's 300 Health Centers located throughout the United States and through a large network of more than 700 private-provider physicians and nurses. FOH's EAP services are similarly provided by staff counselors located in more than 200 counseling offices in Federal buildings as well as through a vast network of "affiliate" counselors in approximately 11,000 locations across the country and overseas.

General Statement of FOH's Capabilities

The following summarizes just some of the services FOH provides:

Medical Services

FOH currently manages and operates 300 Occupational Health Centers across the country and provides clinical services to 1.5 million Federal employees and military personnel.

FOH develops, reviews and validates medical standards for Federal law enforcement agents and provides pre-placement, fitness-for-duty, employee and incumbent medical exams, and drug testing services. FOH provides these services to 35 different federal law enforcement agencies covering more than 70,000 job applicants and employees. Last year alone, FOH processed more than 33,000 medical records for law enforcement agency personnel.

FOH develops and implements customized Medical Surveillance Programs that incorporate both systematic and on-going assessments of employees exposed or potentially exposed to occupational hazards.

FOH designs and manages Workplace Drug Deterrence Programs for Federal agencies and provides:

- Urine collection services
- SAMSHA-certified laboratory services
- Medical review of test results
- Quality assurance and training

FOH has developed a number of special clinical programs including:

- Automated External Defibrillator (AED) Program development and management services
- Smoking Cessation Programs
- Injury Prevention and Disability Management Services

Each year, FOH provides over 135,000 immunizations and 46,000 pre-placement, periodic and medical surveillance exams to Federal employees.

FOH manages, equips and/or staffs 35 Wellness/Fitness Centers for individual agencies or consortiums of Federal agencies across the country. In addition, FOH provides a variety of other wellness/fitness services to Federal agencies.

FOH provides pre-deployment immunizations and medical and dental examinations to the Army Reserves. In FY2002 alone, FOH expects to provide such services to more than 45,000 reservists.

Employee Assistance/Work-Life Services

FOH manages the largest EAP for Federal employees and their family members in the country covering 3.3 million employees and family members. Its EAP offers face-to-face initial assessments, short-term counseling, referral and follow-up services for:

- Family-relationship issues

- Workplace concerns

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- Alcohol and drug problems
 - Personal and emotional difficulties
 - Health and behavioral issues

Other EAP services include supervisor training, wellness education, Critical Incident Stress Management services, as well as employee risk management and organizational development services.

FOH has established an EAP Service Center giving employees access to trained and fully-credentialed counselors 24 hours a day, 365 days a year via a toll-free number. This service is accessible to employees across the U.S. and overseas.

FOH has also implemented a Law Enforcement Assistance Program to provide specialized counseling services to members of the Federal law enforcement community.

FOH offers one of the most comprehensive Work/Life Programs to Federal employees in the country, providing services both on-line and via trained Work/Life counselors. FOH currently provides Work/Life services to more than 100,000 employees in the U.S. and overseas.

FOH provides Family Support Center services to Department of Defense (DoD) agencies. The DoD-mandated services that FOH develops and manages include: the Family Advocacy Program, Exceptional Family Member Program, Family Member Employment Assistance, Information and Referral, Relocation Assistance Program, Outreach, and Consumer Affairs and Financial Counseling.

Environmental Health/Industrial Hygiene Services

FOH also provides a wide range of Environmental Health and Safety services including:

- Indoor air and water quality assessments
- Hazard assessments
- Asbestos and lead detection, monitoring and abatement
- Safety assessments and training
- Environmental surveys
- Personal Protective Equipment Program development and implementation
- Hearing conservation consultations and assessments
- Hazard Communication Program development and implementation
- Emergency Response Training
- Food service inspections
- Ergonomics assessments and program development

FOH also manages three fully-equipped and accredited reference laboratories. These state-of-the-art laboratories offer both sampling and analytical support services and specialize in industrial hygiene, environmental, microbiological, as well as asbestos and other fine particle analyses. These laboratories conduct more than 35,000 environmental analyses each year for heavy metals, regulated chemicals, fungi, indoor allergens, water-borne contaminants, asbestos and other fine particles.

Let FOH Help You Build a Healthier, More Productive Work Force

For over half a century, FOH has delivered high quality occupational health services to Federal managers. FOH's knowledge of the Federal workplace, combined with strategic partnerships with professional health, environmental and safety organizations, enables FOH to help other Federal organizations maintain a safe and healthy workplace. FOH has created a team of professionals that is unparalleled in its ability to work within the Federal structure, yet remains as flexible and innovative as any private sector provider.

Through convenient interagency agreements, FOH's Clinical Services, Wellness/Fitness Programs, Environmental Health Services, and Employee Assistance and Work/Life Programs can provide your agency with a comprehensive occupational health program that saves you time and money. Our ability to customize services enables you to integrate components of our services with existing programs, enhancing their impact and ensuring that your agency meets its obligation to provide a safe and healthy workplace.

Make Federal Occupational Health your partner in building a healthier, more productive work force. For more information, please visit us at www.foh.dhhs.gov or call us today at **1-800-457-9808**.

Because you need a healthy work force. And we can help you build one.

healthy bodies ❖ sound minds ❖ a safe place to work